

**Sharing your
health information
to support
your care**



Easy Read

How does sharing health information help you



You will not have to keep repeating your health information to different doctors or care staff.



You can stop having too many appointments and tests you do not need.



Information about you is all in one place so you can be involved in choices about your care.



Care staff have the right health information about you at the right time.

How we share your health information



We have better computers which let us share information quickly.



Care staff can get up to date health information about you from other services providing care to you.

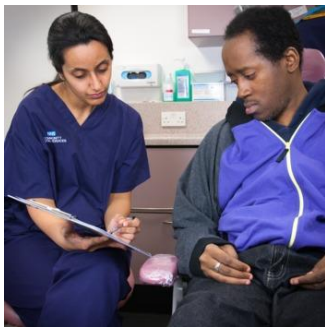


If you agree, your GP and other staff involved in your care can see health information about you.



Care staff can show you the health information we share. This will help you be more involved in your care.

How we share your health information



When you see different organisations about your care, they will ask if they can see your health information.



You can agree to share your health information and how it is shared. You do not have to agree if you do not want to.



Health and care staff have been trained to keep your health information safe and private.

Health and Social Care

1. _____
2. _____
3. _____



Only health staff who work with you will be able to see your records. This includes:

- Doctors
- Nurses
- Social care staff



You will be asked to give your permission each time anyone wants to see your records.

Consent



If you want to say no, please tell your doctor or care worker.

Health and Social Care

1. _____
2. _____
3. _____



If you are happy to share your information, you will be giving your permission for:



✓ Your care information to be shared with other staff providing care to you.



✓ Your care plan to be talked about at meetings. This will only be done with staff working with you.

Making services better

1. _____
2. _____
3. _____



Some information may be shared with other services across North West London. This will help them make things better.



We will take your name and personal details off this information so no-one will know it is your information.

Contact

Info



Find out more



- ✓ **Talk to your health and care staff, like your doctor or care worker**



- ✓ **Email us at sharing.information@nhs.net**